

# Experiences Commissioning the FFF mode on Varian Truebeam in a Small Radiotherapy Centre

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#### **Shrewsbury**





## **Royal Shrewsbury Hospital**

![](_page_2_Picture_1.jpeg)

#### **Shrewsbury Radiotherapy Department**

- 2 Linacs (Varian iX and Varian TrueBeam)
- Aria 11 with Eclipse Planning system
- 6 Eclipse Planning Work stations + 2 Somovision work stations
- 1 Toshiba wide bore CT scanner
- Extended day working capacity issues

### **Flattening Filter Free**

- Came with the TrueBeam
- Commissioning SABR
- Faster Treatment SABR Applications

![](_page_4_Picture_4.jpeg)

## **Commissioning TrueBeam (April 2013)**

- Shielding requirements for FFF modify bunker
- Limited commissioning time
- Limited scientific staff
- Limited knowledge of FFF beams
- Collect beam data and analyse later

#### Process

- Collect Beam data
  - Depth doses/profiles
  - MLC data
  - Output factors
  - Determine absolute dosimetry
- Check data matches Varian gold standard
- Create FFF beam model in Eclipse

#### **Beam Check Program**

- Compares measured data to reference data and performs gamma analysis
- Parameters for gamma analysis chosen by user (usually 3 % / 3 mm)
- Program provides % points with gamma ≤ 1, plus a graph with plots for measured data, reference data and gamma values
- 6 FFF reference data taken from Varian website

![](_page_7_Figure_5.jpeg)

![](_page_7_Figure_6.jpeg)

![](_page_7_Figure_7.jpeg)

#### **Beam Check Results**

#### Depth Dose

	% Points with Gamma ≤ 1								
Field Size (cm)	3 % / 3 mm	1 % / 1 mm							
3 x 3	100.0	99.9							
4 x 4	100.0	99.9							
6 x 6	100.0	100.0							
8 x 8	100.0	99.9							
10 x 10	100.0	99.9							
20 x 20	100.0	99.5							
30 x 30	100.0	96.2							
40 x 40	100.0	95.1							

#### Profiles

Measured: Plot 1 in file ..\MEASURED DATA\LA1FFF\6F TP 4x4 30cm.asc Reference: Plot 4 in file ..\REF DATA\6 FFF\P050PN\_C.ASC

![](_page_8_Figure_5.jpeg)

![](_page_8_Figure_6.jpeg)

#### **Absolute dosimetry**

Measured TPR20/10: 6X FFF - 0.632
10X FFF - 0.707

Use standard Farmer chamber. Volume averaging effects small enough to ignore

 Reference dosimetry as standard – must include Ion Recombination!

#### **Ion Recombination**

- 2 Voltage technique Fion: 1.014 6FFF, 1.025 10FFF
- Relative FS effects < 0.2%
- PDD dose/pulse changes Fion could be applied
- Out of field penumbra Fion dose/pulse changes ~20% therefore should also consider correction – OAR dose accuracy

## **Data Input into Eclipse**

Fs 30.0
Fs 40.0
Fs 50.0
Fs 60.0

Fs 80.0 Fs100.0

![](_page_11_Figure_1.jpeg)

Measured Profiles, Depth = 200.0 mm

0

Offaxis distance [mm]

100

200

Measured Profiles - Curves At Depth

100

80

60

40

20

-200

-100

Relative dose [%]

Ju	itput Fact	ors													
ſ		40.0	20.0		40.0	50.0	Field size F	X [mm]	00.0	00.0	400.0	440.0	400.0		
	40.0	0.000	20.0	30.0	40.0	0.000	0.000	70.0	0.000	90.0	0.000	0.000	120.0	-6	
	10.0	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000		
	20.0	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	-	
	30.0	0.000	0.000	0.045	0.039	0.000	0.000	0.002	0.007	0.050	0.093	0.035	0.097		
	40.0	0.000	0.000	0.000	0.070	0.009	0.900	0.900	0.912	0.910	0.920	0.923	0.925		
	50.0	0.000	0.000	0.869	0.890	0.902	0.915	0.923	0.930	0.934	0.939	0.942	0.946		
	50.0	0.000	0.000	0.000	0.901	0.915	0.930	0.939	0.948	0.953	0.958	0.962	0.966	-1-	
	70.0	0.000	0.000	0.883	0.908	0.924	0.939	0.949	0.959	0.965	0.971	0.975	0.979		
_	80.0	0.000	0.000	0.889	0.914	0.932	0.949	0.960	0.970	0.977	0.984	0.988	0.993		
	90.0	0.000	0.000	0.892	0.919	0.937	0.955	0.966	0.977	0.984	0.992	0.997	1.002	-	
2	100.0	0.000	0.000	0.896	0.923	0.942	0.961	0.973	0.984	0.992	1.000	1.005	1.011		
e e	110.0	0.000	0.000	0.899	0.927	0.946	0.965	0.977	0.989	0.998	1.006	1.012	1.018	-14	
	120.0	0.000	0.000	0.901	0.930	0.950	0.969	0.982	0.995	1.003	1.012	1.018	1.024	-	
Ĩ	130.0	0.000	0.000	0.902	0.932	0.952	0.972	0.985	0.998	1.007	1.016	1.022	1.028	+	
	140.0	0.000	0.000	0.904	0.933	0.954	0.974	0.988	1.002	1.010	1.019	1.026	1.032	4	
	150.0	0.000	0.000	0.905	0.935	0.956	0.977	0.991	1.005	1.014	1.023	1.030	1.036	4	
	160.0	0.000	0.000	0.906	0.936	0.957	0.979	0.993	1.007	1.016	1.025	1.032	1.039	4	
	170.0	0.000	0.000	0.907	0.937	0.959	0.980	0.994	1.009	1.018	1.027	1.035	1.042	4	
	180.0	0.000	0.000	0.907	0.938	0.960	0.982	0.996	1.010	1.020	1.030	1.037	1.044	4	
	190.0	0.000	0.000	0.908	0.939	0.961	0.983	0.998	1.012	1.022	1.032	1.039	1.047	4	
	200.0	0.000	0.000	0.909	0.940	0.962	0.985	0.999	1.014	1.024	1.034	1.042	1.050	4	
	210.0 0.000 0.000 0			0.909	0.941	0.963	0.986	1.000	1.015	1.025	1.035	1.043	1.051		
	•													F.	
Du	Itput Fact	ors - Paran	neter View												

- Fs400.0 D200

## **Plan Comparison – H+N**

![](_page_12_Figure_1.jpeg)

## **Plan Comparison – Prostate**

![](_page_13_Figure_1.jpeg)

6X

![](_page_14_Figure_1.jpeg)

#### 6FFF

![](_page_14_Figure_3.jpeg)

#### **Lower Dose Regions**

![](_page_14_Figure_5.jpeg)

#### DVH for 6X and 6FFF plans

#### No advantage in speed for non-SABR treatments

0	MLC Pr	operties					×			Field Prope	rties					×
0	General	Control Poi	nts Leaf Pos	itions Debug						General	Geom	etry Room	Geometry	Accessories	Calculation	
	Seneral		Lourr oo	Lions Debug		4				Control P	oints	Reference Image	Setup N	lotes Commen	t Debug	3
	Index	Meterset Weight	Gantry Rtn [deg]	Dose Rate [MU/min]	Gantry Speed [deg/s]	MU/deg	Â			Index	Meterset Weight	Gantry Rtn [deg]	Dose Rate [MU/min]	Gantry Speed	MU/deg	•
	1	0.0000	179.0							3	0 0050	175.9	111 305	4 800	0.386	
	2	0.0017	178.0	86.743	4.800	0.301	=			4	0.0083	173.9	111.305	4.800	0.386	
	3	0.0050	175.9	86.743	4.800	0.301				5	0.0117	171.9	111.305	4.800	0.386	=
	4	0.0083	173.9	86.743	4.800	0.301				6	0.0150	169.8	111.305	4.800	0.386	
	5	0.0117	171.9	86.743	4.800	0.301				7	0.0183	167.8	111.305	4.800	0.386	
	6	0.0150	169.8	86.743	4.800	0.301				8	0.021/	165.8	111.305	4.800	0.386	
	7	0.0183	167.8	86.743	4.000	2.301		Samo		9	0.0250	163.7	111.205	4.000	0.386	
	8	0.0217	165.8	86.743	4.800	0.301		Jame		10	0.0292	161.7	140.870	4.800	0.489	
	9	0.0250	163.7	86.743	4,800	0.301		cnood		11	0.0334	159.7	140.870	4.800	0.489	
	10	0.0292	161.7	109,785	4,800	0.381		speed		12	0.0377	157.6	140.870	4.800	0.489	
	11	0.0334	159.7	109 785	4 800	0.381			1	13	0.0419	155.6	140.870	4.800	0.489	
	12	0.0377	157.6	109 785	4 800	0.381				14	0.0461	153.6	140.870	4.800	0.489	
	13	0.0377	155.6	109 785	4.800	0.381				15	0.0503	151.5	140.870	4.800	0.489	
	14	0.0413	153.6	109.785	4.000	0.301				16	0.0545	149.5	140.870	4.800	0.489	
	14	0.0401	155.0	100.705	4.000	0.301				1/	0.0587	147.5	140.870	4.800	0.489	
	10	0.0505	101.0	109.705	4.000	0.301				18	0.0626	145.4	127.077	4.800	0.441	
	10	0.0545	149.5	109.765	4.600	0.301				19	0.0664	143.4	127.077	4.800	0.441	
	17	0.0587	147.5	109.785	4.800	0.381				20	0.0740	141.4	127.077	4.800	0.441	
	18	0.0626	145.4	99.035	4.800	0.344				21	0.0740	133.3	121.011	4.000	0.441	
	19	0.0664	143.4	99.035	4.800	0.344				22	0.0775	137.3	130.003	4.000	0.454	
	20	0.0702	141.4	99.035	4.800	0.344				23	0.0857	133.2	130.889	4.800	0.454	
	21	0.0740	139.3	99.035	4.800	0.344				25	0.0896	131.2	130 889	4 800	0 454	
	22	0.0779	137.3	102.006	4.800	0.354				26	0.0933	129.2	120,746	4.800	0.419	
	23	0.0818	135.3	102.006	4.800	0.354				27	0.0969	127.1	120.746	4.800	0.419	
	24	0.0857	133.2	102.006	4.800	0.354				28	0.1005	125.1	120.746	4.800	0.419	
	25	0.0896	131.2	102.006	4.800	0.354				29	0.1041	123.1	120.746	4.800	0.419	
	26	0.0933	129.2	94.101	4.800	0.327				30	0.1077	121.0	120.855	4.800	0.420	
	27	0.0969	127.1	94.101	4.800	0.327	-			31	0.1113	119.0	120.855	4.800	0.420	
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#### **Advantage in speed for SABR treatments**

☑ Field Properties									Field Proper	ties					×
General	Geom	etry Room	Geometry	Accessories	Calculation				General	Geom	etry Room (	Geometry	Accessories	Calculation	
Control P	Points	Reference Image	Setup N	lotes Comment	Debug				Control Po	oints	Reference Image	Setup N	lotes Comment	t Debug	
Index	Meterset Weight	Gantry Rtn [deg]	Dose Rate [MU/min]	Gantry Speed [deg/s]	MU/deg 🖍			ľ	Index	Meterset Weight	Gantry Rtn [deg]	Dose Rate [MU/min]	Gantry Speed [deg/s]	MU/deg	
19	0.0620	143.4	600.000	1.874	5.336				19	0.0657	143.4	1400.000	4.604	5.068	
20	0.0684	141.4	600.000	1.659	6.029				20	0.0706	141.4	1400.000	4.578	5.097	
21	0.0750	139.3	600.000	1.627	6.145				21	0.0756	139.3	1400.000	4.578	5.097	
22	0.0809	137.3	600.000	1.815	5.508				22	0.0805	137.3	1400.000	4.585	5.089	
23	0.0868	135.3	600.000	1.815	5.508 ≣				23	0.0855	135.3	1400.000	4.585	5.089	=
24	0.0927	133.2	600.000	1.815	5.508				24	0.0904	133.2	1400.000	4.585	5.089	
25	0.0986	131.2	600.000	1.021	5.490				25	0.0954	131.2	1400.000	4.585	5.089	
26	0.1044	129.2	600.000	1.856	5.389				26	0.1007	120.2	1400.000	4.246	5.495	-
27	0.1101	127.1	600.000	1.856	5.389		Max dose		27	0.1060	127.1	1400.000	4.246	5.495	
28	0.1159	125.1	600.000	1.856	5.389				28	0.1114	125.1	1400.000	4.246	5.495	
29	0.1217	123.1	600.000	1.856	5.389		rate FFF		29	0.1167	123.1	1400.000	4.246	5.495	
30	0.1278	121.0	600.000	1.759	5.685				30	0.1219	121.0	1400.000	4.363	5.348	
31	0.1339	119.0	600.000	1.759	5.685		faster		31	0.1271	119.0	1400.000	4.363	5.348	
32	0.1399	117.0	600.000	1.759	5.685		143001		32	0.1323	117.0	1400.000	4.363	5.348	
33	0.1457	114.9	600.000	1.855	5.391				33	0.1375	114.9	1400.000	4.363	5.348	
34	0.1507	112.9	600.000	2.158	4.633				34	0.1433	112.9	1400.000	3.878	6.017	
35	0.1563	110.9	600.000	1.910	5.234				35	0.1500	110.9	1400.000	3.433	6.798	
36	0.1626	108.8	600.000	1.691	5.913				36	0.1574	108.8	1400.000	3.038	7.679	
37	0.1698	106.8	600.000	1.497	6.681				37	0.1649	106.8	1400.000	3.026	7.711	
38	0.1781	104.8	600.000	1.286	7.778				38	0.1726	104.8	1400.000	2.940	7.936	
39	0.1879	102.7	600.000	1.094	9.143				39	0.1803	102.7	1400.000	2.940	7.936	
40	0.1994	100.7	600.000	0.929	10.768				40	0.1880	100.7	1400.000	2.940	7.936	
41	0.2096	98.7	600.000	1.052	9.509				41	0.1963	98.7	1400.000	2.732	8.540	
42	0.2191	96.6	600.000	1.127	8.876				42	0.2052	96.6	1400.000	2.555	9.132	
43	0.2280	94.6	600.000	1.205	8.301				43	0.2145	94.6	1400.000	2.447	9.535	
44	0.2369	92.6	600.000	1.205	8.301				44	0.2233	92.6	1400.000	2.563	9.105	
45	0.2458	90.5	600.000	1.205	8.301				45	0.2309	90.5	1400.000	3.002	7.772	
46	0.2550	88.5	600.000	1.169	8.557				46	0.2373	88.5	1400.000	3.505	6.657	
47	0.2636	86.4	600.000	1.248	8.012				47	0.2431	86.4	1400.000	3.960	5.893	
18	0 2712	8/ /	000 000	1 /10	7 //92					0.2480	8/ /	1/100 000	1 603	5 069	-
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## **Verification of FFF plans**

#### ArcCheck – need version compatible for FFF beams.

![](_page_17_Figure_2.jpeg)

## **Quality Control**

#### Largely duplicates standard photon QC

- Output (vs DR, Linearity etc)
- Beam Quality
- Beam Profiles (Flatness: deviation from baseline measurement)
- DLG / Sweeping Gap
- 'Standard' IMRT / VMAT plans (Arc Check)
- X-Ray : Light Field alignment

#### **Final Stages**

 External Audit – We have audited another centre - in agreement and maybe favour returned?

![](_page_19_Picture_2.jpeg)

- Plan of action for breakdown
- Ready for clinical use

## Acknowledgements

- Mr Paul Evans
- Mr Mike Alexander
- Miss Catherine Heyward
- Miss Kirsten Hughes