

## REASON WHY?

An audit was completed to understand the number of patients out of bed by 10:00am (completion of board round), across a weekly basis. On completion of the audit, it was summarised that only 29% of patients on a ward of 39 beds, were transferring out of bed weekly.

## PLAN

The plan was to deliver manual handling training to Nursing staff and Healthcare Assistants, as this would help To assist with continuity of regular therapy rehabilitation input.

Discharge planning across SATH has been adapted and assigned to another part of the MDT

## DO

The training was completed on Ward 27 for a 2-week period.

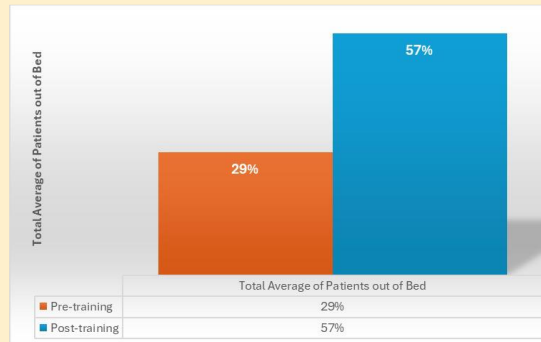
- In total 6 HCA's and 12 registered Nurses attended over the duration of the 2 weeks.
- The training consisted of appropriate manual handling techniques to assist transferring patients out of bed, transferring to a suitable chair using all aids, different weight bearing statuses and hoists.
- Training was completed on patients who were admitted at the time on the ward

## STUDY

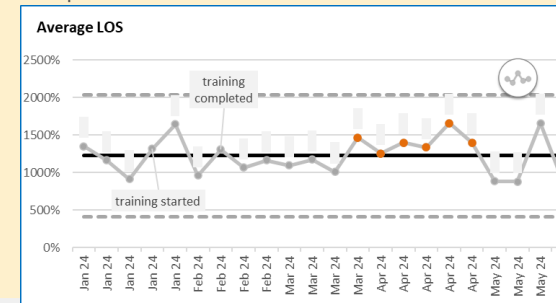
- A second audit was completed following 2 weeks of manual handling training for a one-week period.
- In comparison to the first audit, there had been a 28% increase in the number of patients out of bed by 10am.
- Training had positively impacted both the patients and the MDT.
- The MDT were experiencing fewer medical interventions, an increase in staff moral and confidence and a reduced number in inappropriate therapy referrals.
- Contributes to better patient flow in the hospital and therapy rehab contact with patients who require it.



To increase the number of patients out of bed on Ward 27 by the end of March 2024, as evidenced by an audit of number of patients sat out of bed. It is possible that this may impact Length of Stay for the patients.



The above graph shows an increase in patients being out of bed after the training. Below shows an initial decrease in length of stay, however it wasn't maintained for the full 90 days, highlighting the need for repeat interventions .



## ACT

To **adopt** the process where possible on other wards as this will work towards implementing better outcomes for patients as well as meeting the Chartered Society of Physiotherapists theme of the year which is #RightToRehab

For the ward to continue to get people out of bed.